

WALK to CURE ARTHRITIS®

Walk to Cure Arthritis
Houston

Saturday, May 20, 2017

Buffalo Bayou/Fish Plaza
8am registration, 9am Walk

"Arthritis is a debilitating disease that robs people of their dreams. Scientists are discovering better ways to detect, prevent and treat arthritis while working towards a cure. I am proud to serve as the 2017 Medical Honoree at Walk to Cure Arthritis to help raise funds to accelerate the search."

-Dr. Berkman



2017 Medical Honoree

Dr. Eric F. Berkman



Dr. Eric F. Berkman earned his medical degree from The University of Texas Health Science Center in San Antonio and completed his internship and residency in orthopedic surgery at Louisiana State University School of Medicine in Shreveport where he was named the outstanding resident of the year. He then completed his spine and trauma fellowship in Basel, Switzerland.

Board certified in orthopedic surgery, Dr. Berkman has been in practice since 1996. He specializes in treating various orthopedic conditions of the shoulder and knee. His clinical interests include injuries and arthritis of the shoulder and knee.

Dr. Berkman has dedicated twenty years of his career to helping people with arthritis. His philosophy is to get to know his patients and work with them to solve their problems. His aim is to restore freedom of movement and relieve the pain from diseased or degenerated joints.

The author of a number of medical articles, Dr. Berkman was voted by his peers as one of Houston's Top Docs for 2015 by *H-Texas Magazine*. He currently serves as an associate professor of orthopedics at McGovern Medical School at UTHealth in Houston.

Dr. Berkman is thrilled to be named this year's Medical Honoree for Walk to Cure Arthritis. His goal is to raise \$10,000 to help the Arthritis Foundation conquer arthritis and serve the more than 50 million Americans impacted by the disease. To learn more about his team, Bare Bones, visit www.walktocurearthritis.org/houston/barebones.

